



## Apollo Hospitals Navi Mumbai

takes pleasure in inviting you to a scientific session on

# Obesity in Women:

Reproductive, metabolic and menopausal challenges

1 MMC point applied

Date - Friday 27<sup>th</sup> March 2026

Time - 1:30pm to 5:00pm

Venue - Basement Auditorium, Apollo Hospitals Navi Mumbai

Time	Agenda	Speaker	Chairperson
1:30pm to 2:00pm	Registration		
2:00pm to 2:30pm	Management of obese women in pregnancy and puerperium	Dr Neha Bothara	Dr Himani Sharma Dr Bharat Agarwal
2:30pm to 3:00pm	Woman centric dangers of obesity	Dr Sanjay Khare	Dr Tripti Dubey Dr Pradnya Dongargaokar Dr Anand Mishra
3:00pm to 4:00pm	<b>Panel discussion:</b> Dealing with various aspects of obesity and other concerns in forty plus women	<b>Moderators:</b> Dr Bindhu KS Dr Krutika Arunachalam	<b>Panellist:</b> Dr Vandana Gawdi Dr Anu Vij Dr Nikita Lad Dr Amreen Sheikh Dr Siddharth Yadav Dr Vaishali Lokhande Dr Rituparna Ghosh
4:00pm to 4:45pm	<b>Panel discussion:</b> Non pharmacological interventions in obesity by the MDT approach.... some success stories	<b>Moderator:</b> Dr Sanjay Khare	<b>Panellist:</b> Dr Nitin Menon Ms Varsha Gorey Dr Shalu Keni Mr Rajeev Patil
4:45pm to 5:00pm	Audience interactions and vote of thanks		
5:00pm onwards	High tea		

### NON COMMUNICABLE DISEASE COMMITTEE FOGSI



**Dr Bhaskar Pal**  
President FOGSI



**Dr Suvarna Khadilkar**  
Secretary FOGSI



**Dr Vidya Thobi**  
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**Dr Bindhu K S**  
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**Dr Vishwas Parulekar**  
Secretary NMOGS

- RSVP -

**Dnyaneshwar Gaul - 77100 10192**